

General Terminology

General Names and Titles

Korean Word	English Translation
Kuk Ki	National Flag
Kwon Ki	Association Flag
Chong Jae Nym	Grandmaster
Chong Kwan Jang Nym	Chief master
Kwan Jang Nym	Fifth degree black belt
Boo Kwan Jang Nym	Fourth degree black belt
Sa Bum Nym	Third degree black belt
Kyo Sa Nym	Second degree black belt
Jo Kyo Nym	First degree black belt
Yoo Dahn Jah	Black belt holder
Jae Jah	Martial arts student
Dahn Boh	Black-brown belt
Ja Di	Brown belt
Hohng Di	Red belt
Chuhng Di	Blue belt
Noh Rahng Di	Yellow belt
Hin Di	White belt

More General Terms

Korean Word	English Translation
Di	Belt
Doh Bohk	Martial arts uniform
Eue Bohk	Clothing
Jah Seh	Stance – posture
Ki Hahp	Martial arts yell
Eum Yahng	Yin & Yang
Yoo Won Hwa	Flow Circle Harmony
Buhb	Principle or law
Maek	Pressure point
Soo	Technique
Hyung	Form
Kyuhk Pah	Breaking
Ahn	Inside
Ahp	Front
Yuhp	Side
Dwee	Back
Jwah	Left (Direction)
When	Left
Woo	Right (Direction)
Wron	Right
Juhng	Straight
Ssahng	Double
Yuhk	Reverse

Sahng	High
Joong	Middle
Hah	Low
Ki Bohn	Fundamental – basic
Ki Cho	Foundation – basic
Cho Geup	Elementary level
Joong Geup	Middle level
Goh Geup	High level
Dae Geup	Advanced level

Commands and Stances

Korean	English
Juhng Jwah	Kneel
Kyung Neh	Salute / Bow
Kuk Ki Ae Dae (Hah Yuh) Kyung Neh	Salute to the National Flag
Kwon Ki Ae Dae Hah Kyung Neh	Salute to the Association Flag
Chong Jea Nym Kae Kyung Neh	Salute to Grandmaster
Soo Ryuhn	Practice
Shi Jahk	Begin
Soo Ryuhn Shi Jahk	Practice begins
Geut	End
Soo Ryuhn Geut	Practice ends
Joon Bee	Ready
Bah Roh	As you were
Soom Shi Ki	Breathing
Shi Uh	Rest
Geu Mahn	Stop
Jah Seh	Stance
Cha Ryuht	Attention
Cha Ryuht Jah Seh	Attention Stance
Kong Kyuk Jah Seh	Offensive Stance or Left Guarding Stance
Bahng Uh Jah Seh	Defensive Stance or Right Guarding Stance
Pyong Jah Seh	Horse Stance (Ki Mah Jah Seh Horse riding Stance)
Juhn Gool Jah Seh	Front Stance or Long Stance

Body

Korean	English
Sohn	Hand
Sohn Mohk	Wrist
Ahn Sohn Mohk	Inside wrist
Pahl Koom Chi	Elbow
Uh Kae	Shoulder
Moo Reup	Knee
Bahl	Foot
Bahl Mohk	Ankle

Bahl Deung	Instep
Bahl Koom Chi	Heel
Dah Rhee	Leg
Ahn Sohn Mohk	Inside Wrist Joint
Bahl Deung	Foot Top
Bahl Mohk	Foot Joint (Ankle)
Jjok	Side
Oh run Jjok	Right Side
When Jjok	Left Side

Kicking Techniques

Korean	English
Johk Sool	Kicking techniques
Cha Ki	Kick
Chok Do	Knife edge (foot)
Moo Reup Cha Ki	Knee kick
Ahp Cha Ohl Li Ki	Straight leg kick
Ahn Dah Ree Cha Ki	Inside kick
Bah Kaht Dah Ree Cha Ki	Outside kick
Ahp Cha Ki	Front kick
Yuhp Cha Ki	Side kick
Bahl Deung Cha Ki	Round-house kick (top of foot)
Koom Chi Cha Ki	Hook kick (heel kick)
Koom Chi Cha Nae Li Ki	Ax kick
Doh Rah Cha Ki	Spin kick
Sahng Dahn Doh Rah Cha Ki	High spin kick
Hah Dahn Doh Rah Cha Ki	Low spin kick
Doh Rah Yuhp Cha Ki	Spin side kick
Kah Wi Cha Ki	Flying Scissor Kick
Sahm Bahng Cho Cha Ki	Flying Double Front
Wal Jahng Cha Ki	Off Wall Front Kick
E Don Ap Cha Ki	Jumping Front Kick
Jik Uh Cha Ki	Round house kick (with front kick foot)
Yuhk Bahl Deung Cha Ki	Reverse round-house kick
Dwee Cha Ki	Back kick
Ahn Koom Chi Dohl Li Ki	Turn inside heel kick
Yuhp Jik Ki	Side-front kick

Hand Techniques

Korean	English
Soo Ki	Hand techniques
Juhng Gwuhn	Straight punch
Gwahn Soo	Spear hand
Soo Doh	Knife hand
Yuhk Soo Doh	Reverse knife hand (ridge hand)

Hweh Juhn Soo Doh	Spin knife hand
Ssang Soo Doh	Double knife hand
Gahk Gwuhn	Back fist
Pahl Koom Chi	Elbow strike
Pyuhng Soo	Palm strike
Sohn Deung Pyuhng Soo	Back hand strike
Yuhk Pyuhng Soo	Reverse palm strike
Ssang Pyuhng Soo	Double palm strike
Jihk Gwahn Soo	Vertical spear hand
Sah Mah Gwi Gwuhn	Praying mantis fist
Hoh Gwuhn	Tiger claw
Hoh Goo Gwuhn	Tiger mouth fist
Baek Pahl Ki Gwuhn	Little finger hammer fist
Il Ji Gwuhn	One-finger fist
Joong Ji Gwuhn	Middle-knuckle fist
Sah Ji Gwuhn	Four-finger knuckle fist
Uhm Ji	Thumb
Il Ji	One finger
Ee Ji	Two fingers
Oh Ji	Five fingers
Mahk Ki	Block
Sah Mah Gwi Mahk Ki	Praying mantis block
Ship Jah Mahk Ki	Four directional cross block
Dwee Soo Doh	Left, right punch, and rear knife hand strike
Ahp Dwee Su Gee	Front,Back,block,punching

Falling Techniques

Korean	English
Nahk Buhb	Falling techniques / principles
Ahp Nahk Buhb	Front fall
Dwee Nahk Buhb	Back fall
Yuhp Nahk Buhb	Side fall
Ahp Yuhp Nahk Buhb	Front-side fall
Hweh Juhn Nahk Buhb	Rolling fall (spin fall)
Goh Yahng Ee Nahk Buhb	Cat fall
Poong Cha	Cart wheel
Doo Sohn Poong Cha	One-hand cart wheel
Hahn Sohn Poong Cha	Two-hand cart wheel
Pahl Koom Chi Poong Cha	Elbow cart wheel
Gong Joong Poong Cha	Aerial cart wheel
Doo Sohn Ahp Poong Cha	Hand spring
Gong Joong Hweh Juhn Nahk Buhb	High spin fall
Ahp Gong Joong Hweh Juhn Nahk Buhb	Front flip
Dwee Gong Joong Hweh Juhn Nahk Buhb	Back flip

Korean Counting

Two sets of numbers exist in counting Korean. One native Korean and one derives from Chinese. The Korean numbers are generally used up to ten, the Chinese is generally used after (money, mileage, days)

Korean	English	Chinese
Hana	One	Il
Tul	Two	Ee
Set	Three	Sahm
Net	Four	Sah
Ta sot	Five	Oh
Yo Sot	Six	Ruk
El Guep	Seven	Chil
Yo dul	Eight	Pahl
Ah hop	Nine	Ku
Yol	Ten	Ship
Su mul	Twenty	Ee Ship
Sah ryun	Thirty	Sam Ship
Mah hyun	Forty	Sah Ship